

V MARATON DO MIÑO, Ourense 02/10/2011

CARREIRA INDIVIDUAL. Distancia: 42.195 m

Pto	Dorsal	Nombre	Sx	T_Final	RitmoKm	Parcial1	Parcial2	Parcial3	Club
1	547	LEKHILI, HASSAN		2:28:57	0:03:32	0:46:01	0:49:40	0:53:17	ACADEMIA POSTAL
2	479	REQUEJO SANTOS, JOSE ANTONIO		2:33:48	0:03:39	0:47:56	0:50:40	0:55:13	C. A. MURCIA - TOVAR SPOR
3	385	GARCÍA FRAILE, SERAFÍN		2:47:25	0:03:59	0:48:56	0:54:21	1:04:09	CAJA RURLA-ATLETICO SALAM
4	359	DOS SANTOS MONTEIRO, JOSE		2:51:10	0:04:04	0:50:40	0:57:27	1:03:04	
5	395	GONZALEZ NUÑEZ, JOSE LUIS		2:55:33	0:04:10	0:52:46	0:56:49	1:05:59	INDEPENDIENTE
6	386	GARCIA GONZALEZ, SANTI		2:56:10	0:04:11	0:56:00	0:59:31	1:00:39	
7	334	CAROU CARRIL, ALBERTO		2:58:37	0:04:14	0:50:35	0:57:12	1:10:51	C.A.MILLADOIRO
8	336	CARVAJAL MOSQUERA, LUIS DELFIN		2:59:46	0:04:16	0:56:01	0:59:33	1:04:14	
9	484	RODRIGUEZ ALVAREZ , JOSE ANTONIO		3:02:28	0:04:20	0:57:03	1:00:01	1:05:25	ATLETISMO PEREIRA DE GOND
10	391	GOMEZ IGLESIAS, JOSE JAVIER		3:02:41	0:04:20	0:57:35	1:00:27	1:04:40	BURGAS ATLETISMO OURENSE
11	307	ANIDO COUCE, PABLO		3:06:00	0:04:25	0:57:02	1:01:01	1:07:58	
12	519	TABOADA MILLAN, CESAR		3:07:45	0:04:27	1:01:57	1:02:38	1:03:11	ATLETISMO OLIVEIRA
13	339	CASAS HERRERO, MANUEL		3:07:46	0:04:27	0:57:36	1:00:25	1:09:45	FAGERHULT
14	352	DIAS DE MELO, PASCOAL		3:08:24	0:04:28	0:58:59	1:01:23	1:08:03	GNR GUIMARAES
15	371	FERNANDEZ COSTA, RICARDO		3:08:30	0:04:29	0:57:02	1:00:19	1:11:10	VETERANOS DE SAMIL
16	446	NOGUEIRA PÉREZ, MIGUEL ANXO		3:09:28	0:04:30	0:56:53	1:00:08	1:12:28	NOITEBRA F.C.
17	381	FIGUEIRAS FIGUEIRAS, JOSE FRANCISCO		3:10:09	0:04:31	1:00:36	1:02:52	1:06:42	
18	416	LÓPEZ HERNÁNDEZ, GUILLERMO		3:10:13	0:04:31	1:00:48	1:02:42	1:06:44	INDEPENDIENTE
19	517	SUEIRO RODRIGUEZ, ASER		3:13:48	0:04:36	1:00:49	1:04:05	1:08:55	
20	441	MORENZA DOFORNO, GERMÁN		3:13:51	0:04:36	1:00:13	1:04:41	1:08:58	VETERANOS PABELLÓN OU
21	533	VEIGA CARBALLEDU, JORGE		3:14:09	0:04:37	1:02:45	1:01:37	1:09:48	
22	425	MALPICA GONTAD, LUÍS		3:14:16	0:04:37	1:00:34	1:01:54	1:11:49	PEÑA CICLISTA MEDIA DUCIA
23	370	FERNANDEZ CORVO, DANIEL		3:14:17	0:04:37	1:03:35	1:05:04	1:05:39	
24	363	ESPIÑA FERNANDEZ, ROBERTO		3:15:25	0:04:38	1:03:54	1:04:26	1:07:05	
25	396	GONZALEZ QUINTAIROS, JOSE DANIEL		3:16:50	0:04:40	0:59:51	1:05:04	1:11:56	VAL DA RABEDA
26	362	ESPIÑA FERNANDEZ, FRANCISCO JAVIER		3:17:09	0:04:41	1:03:53	1:04:28	1:08:49	
27	467	PEREZ SANFIZ, ALFONSO		3:17:40	0:04:42	1:02:53	1:04:43	1:10:05	RIA FERROL CONCEPCION ARE
28	323	BUENO REDONDO, GUILLERMO		3:18:44	0:04:43	1:04:16	1:04:19	1:10:10	C.D.ATLETAS POPULARES
29	314	BARDON GIMENO, OSCAR		3:19:05	0:04:44	1:05:33	1:07:28	1:06:05	
30	309	ARIAS GARCIA, ALFONSO		3:19:23	0:04:44	1:04:09	1:06:36	1:08:39	FONTES DO SAR
31	421	LORENZO SANTOS, CONSTANTE		3:20:01	0:04:45	1:00:57	1:01:54	1:17:11	MEDIA DUCIA
32	317	BERMÚDEZ TURNES, JOSÉ ANTONIO		3:20:03	0:04:45	1:04:12	1:06:35	1:09:18	NOITEBRA F.C.
33	525	VALVERDE VILAR, MARCO ANTONIO		3:20:25	0:04:45	1:03:35	1:05:04	1:11:47	
34	329	CALVO FERNÁNDEZ, JOSÉ RUBÉN		3:20:43	0:04:46	1:01:35	1:05:03	1:14:06	OS AFIADORES
35	406	IGLESIAS CABALEIRO, ALBERTO		3:21:39	0:04:47	1:01:21	1:04:40	1:15:39	
36	548	MADRIÑAN FERNANDEZ, ANTONIO MANUEL		3:21:47	0:04:47	0:58:33	1:03:36	1:19:40	FUNDACION MENIÑOS
37	380	FIDALGO VILLAVERDE, MANUEL		3:22:00	0:04:48	1:03:45	1:05:37	1:12:39	
38	415	LÓPEZ GOYANES, KEVIN RAMÓN		3:22:10	0:04:48	1:02:48	1:06:45	1:12:38	Ñ ULTRAFONDO
39	477	RAVIÑA FURELOS, JUAN CARLOS		3:22:51	0:04:49	1:04:09	1:06:36	1:12:07	
40	448	OREJAS MARTINEZ, HERNAN		3:23:43	0:04:50	1:03:46	1:06:19	1:13:39	
41	451	OTERO RAMIREZ, ALEJANDRO		3:24:47	0:04:52	1:03:16	1:06:21	1:15:11	A BOUZA SPRINT
42	303	AGUSTI GARCIA, GUILLERMO JAVIER		3:25:31	0:04:53	1:05:45	1:07:40	1:12:07	
43	400	GUERRA ALVAREZ, FERNANDO JOSÉ		3:25:36	0:04:53	1:02:49	1:06:47	1:16:01	C.C.A. CARBABLLIÑO
44	304	ALVAREZ BARCIA, FIZ		3:26:00	0:04:53	0:58:07	1:03:38	1:24:16	SERVICIO MARÍN
45	424	MAHAMUD ISIDRO, PILAR	F- 1	3:26:14	0:04:54	1:04:16	1:07:17	1:14:41	CAB PUERTO DE ALICANTE-OH
46	511	SOMOZA GONZALEZ, SERGIO		3:27:15	0:04:55	1:02:48	1:05:55	1:18:33	
47	388	GARCIA VALLEJO, IGNACIO		3:27:17	0:04:55	1:03:24	1:07:13	1:16:42	BURGAS ATLETISMO OURENSE
48	312	BARBOSA ARRIBA, JOSÉ BENITO		3:29:10	0:04:58	1:05:37	1:07:46	1:15:48	CLUB DEL MAR
49	358	DOPICO RODRIGUEZ, MARCELINO		3:29:13	0:04:58	1:07:00	1:09:12	1:13:02	
50	428	MARTINEZ ALONSO, TEODORO		3:29:56	0:04:59	1:09:30	1:11:25	1:09:01	
51	481	RÍOS RECARREY, JOSÉ RAMÓN		3:30:05	0:04:59	1:01:58	1:07:11	1:20:57	PEÑA CICLISTA MEDIA DUCIA
52	452	OTERO RODRÍGUEZ, MARCOS		3:30:19	0:05:00	0:59:16	1:07:43	1:23:21	
53	422	MACÍA MAREY, JOSE MANUEL		3:30:31	0:05:00	1:07:35	1:09:31	1:13:26	
54	509	SILVA SOUSA, PEDRO		3:30:44	0:05:00	1:08:17	1:09:42	1:12:46	
55	398	GRAÑA RAMOS, ANXO		3:31:05	0:05:01	1:02:52	1:07:30	1:20:44	
56	469	POLO BERTOS, JOSE MARIA		3:31:08	0:05:01	1:04:18	1:06:30	1:20:21	
57	366	FEIJOO CANTARILLA, ROBERTO		3:31:20	0:05:01	1:07:37	1:09:29	1:14:14	A. D. LIMIACTIVA
58	330	CAMBA FERREIRA, JOSÉ ÁNGEL		3:31:21	0:05:01	1:07:39	1:09:20	1:14:22	
59	489	RODRÍGUEZ RODRÍGUEZ, PIO		3:32:03	0:05:02	1:04:11	1:11:51	1:16:03	
60	347	CTVRTNICKOVA, TEREZA	F- 2	3:32:48	0:05:03	1:04:53	1:10:59	1:16:57	RIA FERROL
61	485	RODRIGUEZ FERNANDEZ, FRAN		3:33:01	0:05:03	1:03:22	1:12:30	1:17:09	INDEPENDIENTE
62	351	DEL CAMPO RODRIGUEZ, OSCAR		3:33:10	0:05:04	1:10:48	1:09:28	1:12:55	ESPRINTS OURENSE
63	482	RIVAS CID, VÍCTOR		3:33:27	0:05:04	1:03:46	1:06:19	1:23:23	R.C. CELTA DE ATLETISMO
64	490	RODRIGUEZ SCHNEE, DANIEL		3:33:34	0:05:04	1:03:25	1:05:37	1:24:33	
65	488	RODRIGUEZ LOPEZ, GONZALO		3:33:47	0:05:04	0:59:21	1:02:01	1:32:26	
66	553	LEMAT CABRAL, MARIA BELEN	F- 3	3:34:19	0:05:05	1:06:33	1:09:43	1:18:03	
67	493	ROMÁN MARCOTE , JUAN CARLOS		3:34:19	0:05:05	1:01:57	1:07:54	1:24:29	
68	426	MARIÑO CRESPO, ALEXIS		3:35:37	0:05:07	1:00:34	1:06:49	1:28:15	
69	417	LOPEZ OTERO, ISABEL	F- 4	3:36:52	0:05:09	1:10:48	1:12:24	1:13:41	
70	460	PERALES SOLER, JOSE FEDERICO		3:37:18	0:05:09	1:06:29	1:10:34	1:20:16	INDEPENDIENTE
71	365	FARIA OLIVEIRA MARTINS, ORLANDO MIGUEL		3:37:30	0:05:10	1:05:10	1:08:54	1:23:27	
72	532	VAZQUEZ RODRIGUEZ, ANGEL		3:37:40	0:05:10	1:03:17	1:06:56	1:27:27	

73	345	COSTAS COSTAS, ANGEL		3:37:45	0:05:10	1:11:17	1:09:53	1:16:36	LICEO
74	390	GOMEZ CRESPO, MANUEL		3:38:08	0:05:11	1:04:12	1:06:51	1:27:05	
75	356	DOMINGUEZ DE LA FUENTE, MANUEL		3:38:24	0:05:11	1:02:32	1:10:55	1:24:58	
76	344	CORUCHO, ANTONIO FERNANDO		3:38:38	0:05:11	1:00:26	1:04:14	1:33:59	GNR GUIMARAES
77	531	VAZQUEZ MARTINEZ, JOSE MANUEL		3:38:40	0:05:11	1:10:49	1:09:39	1:18:13	BEARIZ TRIATLON
78	397	GONZÁLEZ RODRÍGUEZ, FERNANDO		3:38:40	0:05:11	1:08:54	1:12:20	1:17:27	
79	315	BARREIRO MARQUEZ, JOSE ANTONIO		3:38:52	0:05:12	1:06:27	1:09:44	1:22:43	
80	308	ANTAO, JOAQUIM		3:39:39	0:05:13	1:05:18	1:10:10	1:24:12	
81	346	COSTAS FERNÁNDEZ, ALFONSO		3:40:19	0:05:14	1:12:35	1:10:28	1:17:17	
82	486	RODRIGUEZ FERRO, SILVIA	F- 5	3:40:25	0:05:14	1:11:20	1:10:29	1:18:37	HRUNNERS CLUB
83	506	SERANTES ALVAREZ, JOSE		3:41:25	0:05:15	1:01:33	1:07:54	1:31:59	G.O.C.SA
84	550	QUIÑONES PIQUENQUE, CARLOS		3:42:14	0:05:17	1:13:44	1:13:58	1:14:33	SERVICIO PONTEVEDRA
85	332	CAMPANERO GUTIERREZ, DANIEL		3:42:28	0:05:17	1:13:39	1:14:03	1:14:47	
86	505	SENLE CANOSA, XOSÉ MANUEL		3:43:09	0:05:18	1:11:02	1:14:49	1:17:18	
87	414	LOPEZ CAAMAÑO, JOSE MANUEL		3:43:38	0:05:18	1:11:45	1:13:13	1:18:40	
88	512	SOMOZA SOBRINO, ANTON		3:44:53	0:05:20	1:06:13	1:13:32	1:25:10	
89	427	MARTIN FABIANI, JAVIER		3:44:55	0:05:20	1:04:17	1:08:39	1:32:00	
90	418	LOPEZ RODRIGUEZ, MIGUEL ANGEL		3:45:41	0:05:21	1:12:09	1:16:11	1:17:22	
91	434	MELGAR FREIRE, ANDRÉS PABLO		3:48:02	0:05:25	1:09:30	1:11:52	1:26:41	CARICHI SPORT
92	468	PINTOS RECAREY, CARLOS		3:48:32	0:05:25	1:10:06	1:14:21	1:24:06	
93	530	VAZQUEZ IGLESIAS, ANTONIO		3:48:33	0:05:25	1:10:06	1:14:22	1:24:06	
94	387	GARCÍA MARTÍN, FLORENTINO		3:48:43	0:05:26	1:10:18	1:12:03	1:26:23	ATLETISMO CORVERA
95	542	ALVAREZ GOMEZ, DEMETRIO		3:48:56	0:05:26	1:04:10	1:13:27	1:31:19	FUNDACION MENIÑOS
96	527	VAZQUEZ FERNANDEZ, JOSE		3:49:17	0:05:27	1:03:24	1:14:26	1:31:28	
97	523	TOUCEDO ESTEVEZ, ANTONIO		3:49:30	0:05:27	1:03:18	1:06:57	1:39:16	
98	514	SOTO CARBALLO, JORGE		3:49:38	0:05:27	1:11:15	1:15:49	1:22:36	
99	526	VAZQUEZ ALVAREZ, JOSE MANUEL		3:49:47	0:05:27	1:06:15	1:18:28	1:25:05	
100	554	CORRAL EGEA, JUAN MANUEL		3:50:05	0:05:28	1:07:37	1:15:08	1:27:21	
101	333	CAMPOS COSTA, RAMON		3:50:16	0:05:28	1:09:39	1:12:12	1:28:26	
102	522	TORRENTE HORTAS, FRANCISCO		3:50:34	0:05:28	1:07:26	1:15:25	1:27:45	
103	465	PEREZ PEREZ, CARLOS		3:50:50	0:05:29	1:13:40			SUNIER DUVAL
104	476	RASCADO DEL PRADO, FERNANDO		3:50:52	0:05:29				SAUNIER DUVAL
105	338	CASAL BUGALLO, JOSE LUIS		3:51:46	0:05:30	1:15:51	1:14:00	1:21:55	
106	393	GONZÁLEZ FERREIRA, MANUEL		3:51:46	0:05:30	1:18:08	1:15:55	1:17:44	ASSPORT
107	305	AMENEIROS RODRIGUEZ, EVA MARIA	F- 6	3:52:42	0:05:31	1:15:42	1:15:28	1:21:33	
108	420	LORENZO CONDE, JOSE PABLO		3:52:42	0:05:31	1:15:42	1:15:28	1:21:34	
109	515	SOUSA FERREIRO, JUAN RAMON		3:52:42	0:05:31	1:07:20	1:17:20	1:28:03	
110	316	BERMÚDEZ ÁLVAREZ, DANIEL		3:53:09	0:05:32	1:11:08	1:14:45	1:27:17	
111	378	FERNANDEZ RODRIGUEZ, JAVIER		3:53:23	0:05:32	1:09:50	1:19:39	1:23:55	
112	313	BARCIA LOIRA, MANUEL		3:54:09	0:05:33	1:01:53	1:11:43	1:40:33	CECOM BRILAT
113	401	GUERRERO CALVO, RAMIRO MAXIMILIANO		3:54:15	0:05:34	1:06:27	1:09:43	1:38:06	
114	379	FERREIRO DEAÑO, ALFREDO		3:54:36	0:05:34	1:12:00	1:11:18	1:31:19	CASA DA XUVENTUDE OURENSE
115	472	QUINTAS BARROS, ALVARO		3:54:44	0:05:34	1:11:49	1:15:26	1:27:29	
116	529	VÁZQUEZ GESTAL, MARCOS		3:55:54	0:05:36	1:14:36	1:16:59	1:24:19	-----
117	471	PUMAR BÓVEDA, ÁNGEL		3:57:10	0:05:38	1:18:58	1:17:39	1:20:34	ESPRINTES OURENSE
118	444	MURADÁS NUÑEZ, CARLOS		3:57:11	0:05:38	1:09:30	1:12:04	1:35:37	ESPRINTES OURENSE
119	457	PAVÓN MOURE, GERARDO		3:57:49	0:05:39	1:12:27	1:16:58	1:28:25	
120	410	IGLESIAS SUAREZ, JOSE MANUEL		3:57:52	0:05:39	1:08:17	1:18:19	1:31:17	
121	549	MEZA MORALES, JOSE MIGUEL		3:59:20	0:05:41	1:12:08	1:16:22	1:30:51	SPRINTES OURENSE
122	521	TEIJEIRO PEÑA, PEDRO		3:59:34	0:05:41	1:14:26	1:19:05	1:26:04	ATLETISMO MONTE SEGADE
123	376	FERNÁNDEZ RAMOS, JOSÉ JAVIER		3:59:35	0:05:41	1:14:27	1:16:52	1:28:17	CLUB DE ATLETISMO DE SADA
124	412	LAMAS POSE, XOSÉ M.		3:59:36	0:05:41	1:09:38	1:14:32	1:35:27	
125	409	IGLESIAS RODRIGUEZ, CARLOS		4:00:30	0:05:42	1:15:52	1:14:05	1:30:34	
126	310	BAENA OZORES, FERNANDO		4:00:56	0:05:43	1:05:21	1:15:02	1:40:35	
127	430	MARTINEZ ALVAREZ, TOMAS		4:01:20	0:05:44	1:07:38	1:14:52	1:38:50	A. D. LIMIACTIVA
128	495	RÚA VILA, JACOBO		4:01:33	0:05:44	1:05:56	1:14:39	1:40:59	
129	350	DE LA PEÑA MONTEAGUDO, ADRIÁN		4:03:15	0:05:46	1:11:18	1:15:23	1:36:35	LICEO
130	399	GROBAS GARABOA, MARÍA JOSÉ	F- 7	4:03:32	0:05:47	1:18:59	1:20:30	1:24:04	ATLÉTICA A SILVA
131	302	ACEVEDO TEIXEIRA, OSCAR		4:03:32	0:05:47	1:08:55	1:11:54	1:42:44	
132	394	GONZALEZ LUNA MALLET, BERTHA	F- 8	4:04:26	0:05:48	1:18:28	1:18:43	1:27:16	
133	537	VILLAR ALVAREZ, ENRIQUE		4:04:29	0:05:48	1:07:39	1:18:41	1:38:10	
134	301	ABAL PULLEIRO, IVÁN		4:05:14	0:05:49	1:14:03	1:15:17	1:35:55	AFILADOS RUNNERS
135	500	SANTOS GONZALEZ, JAVIER		4:05:14	0:05:49	1:14:03	1:15:17	1:35:55	AFILADOS RUNNERS
136	487	RODRIGUEZ GARCIA, ISMAEL		4:05:34	0:05:50	1:09:53	1:17:51	1:37:51	
137	440	MORAN BANDE, MARTIN		4:08:47	0:05:54	1:02:45	1:03:27	2:02:36	ATLETISMO MONTE SEGADE
138	502	SEGOVIA CASTRO, NATXO		4:10:21	0:05:56	1:10:48	1:18:17	1:41:16	
139	431	MARTINEZ CACHAFEIRO, JAVIER		4:10:29	0:05:57	1:04:40	1:17:28	1:48:21	
140	520	TAVARES GULIAS, MARIBEL	F- 9	4:10:40	0:05:57	1:20:25	1:23:50	1:26:25	
141	458	PAZOS SOAGE, PALOMA	F- 10	4:10:40	0:05:57			1:26:26	
142	464	PEREZ FERNANDEZ, JOSE ANTONIO		4:13:04	0:06:00	1:09:48	1:21:14	1:42:03	
143	447	NOYA OTERO, DANIEL		4:13:05	0:06:00	1:07:37	1:14:49	1:50:39	NOITEBRA F.C.
144	466	PEREZ RODRIGUEZ, XOMA		4:13:50	0:06:01	1:12:50	1:16:38	1:44:23	
145	499	SANTIAGO COSTA, LUIS		4:13:50	0:06:01	1:08:47	1:15:43	1:49:21	INDEPENDIENTE
146	335	CARREIRA PARRADO, MANUEL		4:14:42	0:06:03	1:13:45	1:18:08	1:42:50	
147	438	MIRANDA RODAS, JOSE ANTONIO		4:15:17	0:06:04	1:17:45	1:24:29	1:33:04	C.A.R. MARISQUEIRO
148	375	FERNANDEZ LORENZO, ALBERTO		4:15:18	0:06:04	1:17:45	1:24:29	1:33:05	INDEPENDIENTE
149	501	SARABIA VALADO, JOSÉ RAMÓN		4:16:28	0:06:05	1:12:27	1:16:59	1:47:04	

150	507 SERRANO CANTALEJO, FRANCISCO		4:16:30	0:06:05	1:12:31	1:16:23	1:47:37	C.A.R. MARISQUEIRO
151	419 LÓPEZ TOBAR, ÓSCAR		4:17:07	0:06:06	1:13:38	1:15:57	1:47:34	
152	348 CUNDINS, ROBERTO		4:17:07	0:06:06	1:13:38	1:15:56	1:47:34	
153	340 CASTAÑEDA CAMBÓN, ANGEL		4:17:34	0:06:07	1:15:19	1:20:09	1:42:07	CLUB DEL MAR
154	407 IGLESIAS MIRA, FELIPE		4:18:57	0:06:09	1:18:59	1:22:05	1:37:53	ESPRINTES OURENSE
155	473 QUINTAS BARRROS, JESÚS CARLOS		4:19:01	0:06:09	1:11:50	1:17:51	1:49:21	SPRINTERS OURENSE
156	483 RODRIGUEZ ALONSO, ALBERTO		4:20:20	0:06:11	1:20:16	1:27:39	1:32:25	
157	534 VILA FERNANDEZ, JORGE		4:21:40	0:06:13	1:09:16	1:17:36	1:54:49	
158	413 LAROUCO, LUIS		4:22:30	0:06:14	1:13:12	1:21:22	1:47:57	
159	462 PEREZ ALVAREZ, SERGIO		4:23:32	0:06:15	1:10:06	1:16:04	1:57:23	
160	311 BAQUERO ESCUDERO, MARCOS		4:25:50	0:06:18	1:15:31	1:20:35	1:49:45	CACHADIÑAS
161	321 BORRAJO DES, MIGUEL		4:26:18	0:06:19	1:19:01			
162	364 ESTEVEZ JIMENEZ, JESUS		4:28:35	0:06:22	1:10:11	1:17:19	2:01:06	
163	384 GARCÍA DELGADO, MANUEL		4:28:35	0:06:22	1:07:24	1:20:49	2:00:23	
164	453 PALOMO CAMPOS, JAVIER		4:28:46	0:06:23	1:14:24	1:22:05	1:52:18	
165	433 MARTINEZ VILA, JOSE BENITO		4:28:52	0:06:23	1:12:04	1:17:56	1:58:53	VAL DA RABEDA
166	342 CONDE TORRES, JOSE RAMON		4:28:57	0:06:23	1:20:07	1:20:58	1:47:53	ATLETISMO PORRIÑO
167	480 REVUELTA MÉNDEZ, CARLOS		4:28:58	0:06:23	1:26:39	1:27:26	1:34:54	ADAS BARCO
168	432 MARTINEZ FERNANDEZ, MIGUEL ANGEL		4:28:59	0:06:23	1:26:39	1:27:26	1:34:55	ADAS BARCO
169	513 SOTELO GALLEGO, JOAQUIN		4:29:28	0:06:24	1:17:46	1:24:32	1:47:12	INDEPENDIENTE
170	463 PEREZ BALIRAC, JESUS		4:32:31	0:06:28	1:18:58	1:20:07	1:53:28	
171	319 BLANCO ALONSO, DAVID		4:32:44	0:06:28	1:11:48	1:19:44	2:01:13	LICEO
172	361 ESNAOLA AGESTA, IDOIA	F- 11	4:33:09	0:06:29	1:22:56	1:29:58	1:40:15	C.D.HERNANI
173	405 HUERTA GARCÍA, ANTONIO		4:33:09	0:06:29	1:22:56	1:29:58	1:40:16	INDEPENDIENTE
174	492 ROJAS GÓMEZ, ANTONIO		4:33:16	0:06:29	1:17:47	1:26:31	1:48:59	ATLETISMO QUIEBRAJANO
175	528 VAZQUEZ FERNANDEZ, JOSE LUIS		4:36:54	0:06:34	1:19:02	1:21:59	1:55:54	
176	538 VILLARQUIDE VEGA, JOSE MARIA		4:36:54	0:06:34	1:19:02	1:21:57	1:55:56	
177	516 SUAREZ CARRIL, FERNANDO		4:37:18	0:06:35	1:11:47	1:25:57	1:59:35	
178	437 MIGUEZ BESADA, MANUEL		4:40:35	0:06:39	1:20:05	1:24:49	1:55:42	
179	540 VILLAVERDE SANISIDRO, JOSE LUIS		4:40:45	0:06:40	1:19:11	1:24:11	1:57:24	
180	454 PANTOJA CAMACHO, ANTONIO JESUS		4:42:11	0:06:42	1:28:53	1:27:46	1:45:33	
181	555 GONZALEZ GOMEZ, LOURDES	F- 12	4:49:13	0:06:52	1:22:27	1:27:52	1:58:55	
182	456 PARRA ROCHA, JESUS		4:49:13	0:06:52	1:20:25	1:24:03	2:04:46	
183	449 OTERO FERNANDEZ, OSCAR		4:52:53	0:06:57	1:23:50	1:30:33	1:58:32	
184	322 BRANDÓN VENOZZA, RICARDO		5:00:46	0:07:08	1:14:28	1:26:51	2:19:28	
185	404 HITOS OLIVERA, SANTIAGO		5:08:02	0:07:18	1:30:42	1:39:29	1:57:51	CARRERAS POPULARES
186	306 ANDRES SILVA, JESUS		5:10:39	0:07:22	1:22:27	1:45:02	2:03:11	
187	497 SANCHEZ REVERTER, JOAN JOSEP		5:10:45	0:07:22	1:32:12	1:40:35	1:58:00	FONDISTES PENEDES
188	326 CABALLER ALABADI, JOSE		5:13:23	0:07:26	1:30:44	1:39:34	2:03:07	S.D. CORRECAMINOS
189	445 NAPOLITANO, SONIA	F- 13	5:13:24	0:07:26	1:30:43	1:39:33	2:03:08	S.D. CORRECAMINOS
190	331 CAMBA PAZ, ALBERTO MIGUEL		5:17:36	0:07:32	1:30:43	1:39:46	2:07:07	
191	450 OTERO IGLESIAS, CARLOS		5:18:33	0:07:33	1:24:06	1:31:00	2:23:29	
192	541 ZARAGOZA ROMERO, JUAN SALVADOR		5:24:09	0:07:41	1:30:38	1:40:34	2:12:58	BENALMÁDENA RUNNING
193	325 CAAMAÑO VARELA, PEDRO JOSÉ		5:24:34	0:07:42	1:19:44	1:36:33	2:28:19	
194	383 GARAY MOULARD, NANCY MARLENE	F- 14	5:27:38	0:07:46	1:28:30	1:48:07	2:11:02	BENALMÁDENA RUNNING

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