

III MARATON DO MIÑO, Ourense 18/10/2009

CARREIRA INDIVIDUAL. Distancia: 42.195 m

| Pto | Dorsal | Nombre | Sx | PtoCat | T_Final | RitmoKm | Club |
|-----|--------|--|------|----------|---------|---------|---------------------------------------|
| 1 | 394 | LLAMOSAS RUIZ, SANTOS | | VTBM- 1 | 2:42:51 | 0:03:52 | S. D. VILLALAIN |
| 2 | 370 | GOMEZ GARCIA, MANUEL | | VTAM- 1 | 2:46:31 | 0:03:57 | ATLETISMO MIERES |
| 3 | 324 | COBAS SIERRA, CARLOS | | SNM- 1 | 2:50:02 | 0:04:02 | Independiente |
| 4 | 411 | MELLENDEZ PEREZ, ALBERTO | | SNM- 2 | 2:52:29 | 0:04:06 | A.D.ELIOCROCA |
| 5 | 321 | CAROU CARRIL, ALBERTO | | SNM- 3 | 2:52:37 | 0:04:06 | C.A.MILLADOIRO |
| 6 | 413 | MÉNDEZ PARCERO, ENRIQUE | | SNM- 4 | 2:57:27 | 0:04:13 | Independiente |
| 7 | 323 | CASADO MENDEZ, JOSE MANUEL | | SNM- 5 | 2:57:27 | 0:04:13 | VIA XVIII MACEDA |
| 8 | 338 | DOMARCO GARCIA, VICTOR | | SNM- 6 | 2:57:50 | 0:04:13 | Independiente |
| 9 | 327 | COUCEIRO EIRÍS, ELEUTERIO MANUEL | | VTAM- 2 | 2:59:31 | 0:04:16 | CORUÑA COMARCA |
| 10 | 326 | CORRAL LOPEZ, JOSE MANUEL | | SNM- 7 | 3:02:44 | 0:04:20 | C.D. EGOVARROS-VIVEIRO |
| 11 | 405 | LOSADA MARRA, JOSE | | VTBM- 2 | 3:05:10 | 0:04:24 | Independiente |
| 12 | 426 | PANDO IRIARTE, IVAN | | VTAM- 3 | 3:06:24 | 0:04:26 | Independiente |
| 13 | 350 | FERNANDEZ OITABEN, JULIO | | VTAM- 4 | 3:06:34 | 0:04:26 | ATLETISMO VETERANOS DE SAMIL |
| 14 | 356 | FILGUEIRA ABILLEIRA, JOSE MANUEL | | VTAM- 5 | 3:06:54 | 0:04:26 | Independiente |
| 15 | 322 | CARVAJAL MOSQUERA, DELFIN | | VTAM- 6 | 3:07:14 | 0:04:27 | ESTETICA CASCO BELLO |
| 16 | 362 | GARCIA GONZALEZ, SANTIAGO | | SNM- 8 | 3:07:53 | 0:04:28 | Independiente |
| 17 | 457 | RODRIGUEZ MEIRIÑO, ALBERTO | | SNM- 9 | 3:09:19 | 0:04:30 | Independiente |
| 18 | 472 | TABOADA MILLÁN, CÉSAR | | VTAM- 7 | 3:10:43 | 0:04:32 | Independiente |
| 19 | 484 | VEIGA CARBALLED0, JORGE | | SNM- 10 | 3:11:11 | 0:04:32 | Independiente |
| 20 | 476 | TORRES GONZALEZ, JOSE LUIS | | VTAM- 8 | 3:11:58 | 0:04:33 | CLUB ATLETISMO MARATON OURENSE |
| 21 | 334 | DÍAZ LÓPEZ, JUAN CARLOS | | VTAM- 9 | 3:13:39 | 0:04:36 | Independiente |
| 22 | 304 | ALVAREZ MATEOS, LISARDO | | VTAM- 10 | 3:14:09 | 0:04:37 | INDEPENDIENTE |
| 23 | 427 | PANIAGUA BENITO, ABEL | | SNM- 11 | 3:14:12 | 0:04:37 | JARAMUGOS Y JUMENTOS |
| 24 | 485 | VICENZUTTO, DIEGO | | SNM- 12 | 3:14:17 | 0:04:37 | Independiente |
| 25 | 441 | QUIROGA FERNÁNDEZ, MANUEL | | VTAM- 11 | 3:14:17 | 0:04:37 | Independiente |
| 26 | 366 | GARCIA VALLEJO, IGNACIO | | VTAM- 12 | 3:14:53 | 0:04:38 | BURGAS ATLETISMO OURENSE |
| 27 | 402 | LOPEZ SANCHEZ, MARCOS | | VTAM- 13 | 3:16:21 | 0:04:40 | Independiente |
| 28 | 306 | ARIAS ALVAREDO, RICARDO | | SNM- 13 | 3:16:46 | 0:04:40 | Independiente |
| 29 | 312 | BLANCO CASTRO, XOAN XESÚS | | VTBM- 3 | 3:17:36 | 0:04:41 | MILLA DE OURO |
| 30 | 470 | SUEIRO RODRIGUEZ, ASER | | VTAM- 14 | 3:17:46 | 0:04:42 | Independiente |
| 31 | 391 | LAMAS QUIJADA, ANGEL | | SNM- 14 | 3:17:55 | 0:04:42 | Independiente |
| 32 | 412 | MENDEZ MENDEZ, JOSE RAFAEL | | SNM- 15 | 3:17:55 | 0:04:42 | Independiente |
| 33 | 378 | GONZALEZ QUINTAIROS, JOSE DANIEL | | VTBM- 4 | 3:18:16 | 0:04:42 | VAL DA RABEDA |
| 34 | 357 | FORMOSO GONZALEZ, JOSE ANTONIO | | VTAM- 15 | 3:19:46 | 0:04:45 | CLUBE DE MONTAÑA RIVEIRA |
| 35 | 432 | PÉREZ RODRÍGUEZ, IGNACIO | | SNM- 16 | 3:19:46 | 0:04:45 | Independiente |
| 36 | 340 | DOMINGUEZ LOPEZ, ROBERTO | | SNM- 17 | 3:20:07 | 0:04:45 | INDEPENDIENTE |
| 37 | 448 | RISUEÑO MARTÍN, AGUSTÍN | | VTAM- 16 | 3:20:08 | 0:04:45 | JARAMUGOS Y JUMENTOS |
| 38 | 397 | LOPEZ FERNANDEZ, JUAN ANTONIO | | SNM- 18 | 3:20:11 | 0:04:45 | Independiente |
| 39 | 395 | LOPEZ CASADO, MIGUEL | | SNM- 19 | 3:20:20 | 0:04:45 | Independiente |
| 40 | 423 | NOGUEROL CASAL, MANUEL | | SNM- 20 | 3:20:28 | 0:04:46 | Independiente |
| 41 | 453 | RODRIGUEZ ALVAREZ, JOSE ANTONIO | | SNM- 21 | 3:20:46 | 0:04:46 | CLUB ATLETISMO FLORISTERIA CARMEN SIO |
| 42 | 461 | ROMAN MARCOTE , JUAN CARLOS | | VTAM- 17 | 3:20:47 | 0:04:46 | CLUB ATLETISMO FLORISTERIA CARMEN SIO |
| 43 | 482 | VAZQUEZ RODRIGUEZ, ANGEL | | VTAM- 18 | 3:21:35 | 0:04:47 | Independiente |
| 44 | 352 | FERNANDEZ PRADO, MANUEL | | VTAM- 19 | 3:21:41 | 0:04:47 | CLUB ATLETISMO EL PROGRESO |
| 45 | 329 | DARRIBA PENA, JESÚS MANUEL | | SNM- 22 | 3:23:38 | 0:04:50 | Independiente |
| 46 | 480 | VAZQUEZ CORREA, JOSE ALFONSO | | VTBM- 5 | 3:23:42 | 0:04:50 | Independiente |
| 47 | 346 | FARIÑAS PERTIERRA, FRANCISCO | | SNM- 23 | 3:24:38 | 0:04:51 | Independiente |
| 48 | 410 | MATA MIRANDA, BERNARDINO | | VTAM- 20 | 3:24:47 | 0:04:52 | Independiente |
| 49 | 349 | FERNANDEZ NIETO, ESTIVI | | VTAM- 21 | 3:25:16 | 0:04:52 | Independiente |
| 50 | 383 | GULIN CIA, FELIX | | VTAM- 22 | 3:26:25 | 0:04:54 | Independiente |
| 51 | 396 | LOPEZ FERNÁNDEZ, JOSE ANTONIO | | SNM- 24 | 3:26:48 | 0:04:55 | PATO BLANCO CELANOVA |
| 52 | 336 | DIEGUEZ CONSTENLA, HUMBERTO | | VTAM- 23 | 3:27:00 | 0:04:55 | Independiente |
| 53 | 417 | MORENZA DOFORNO, GERMÁN | | VTAM- 24 | 3:27:16 | 0:04:55 | Independiente |
| 54 | 390 | LAGE ARES, MARCOS | | SNM- 25 | 3:27:17 | 0:04:55 | Independiente |
| 55 | 373 | GONZALEZ GARCIA, CRISTINA | F- 1 | SNF- 1 | 3:27:27 | 0:04:55 | A.D.ELIOCROCA |
| 56 | 379 | GONZALEZ ROSENDO, JOSE LUIS | | SNM- 26 | 3:27:32 | 0:04:56 | Independiente |
| 57 | 477 | VALBUENA GARRIDO, LUIS | | SNM- 27 | 3:28:46 | 0:04:57 | Independiente |
| 58 | 452 | RODRIGUES ALONSO PINHEIRO, PAULO ALEXANDRE | | VTAM- 25 | 3:29:55 | 0:04:59 | Independiente |
| 59 | 385 | IGLESIAS RODRIGUEZ, CARLOS | | VTAM- 26 | 3:30:01 | 0:04:59 | Independiente |
| 60 | 458 | RODRIGUEZ QUINTAS, JOSE | | VTAM- 27 | 3:30:18 | 0:05:00 | CLUB MONTAÑA RIBEIRA SACRA |
| 61 | 424 | NOVELLE PRADO, DIEGO | | SNM- 28 | 3:30:26 | 0:05:00 | Independiente |
| 62 | 310 | BERNARDEZ ARAUJO, JORGE | | SNM- 29 | 3:30:26 | 0:05:00 | Independiente |
| 63 | 488 | VILACHA FERNÁNDEZ, JUAN JOSE | | SNM- 30 | 3:35:04 | 0:05:06 | Independiente |
| 64 | 481 | VAZQUEZ FERNANDEZ, JOSE ANTONIO | | SNM- 31 | 3:35:04 | 0:05:06 | Independiente |
| 65 | 333 | DIAZ FIUZA, JAIME | | VTAM- 28 | 3:35:43 | 0:05:07 | Independiente |
| 66 | 363 | GARCÍA IGLESIAS, IGNACIO | | SNM- 32 | 3:35:44 | 0:05:07 | Independiente |
| 67 | 475 | TORRENTE HORTAS, FRANCISCO | | VTBM- 6 | 3:36:39 | 0:05:09 | Independiente |
| 68 | 450 | RIVERA SAEZ, JOSE IGNACIO | | VTBM- 7 | 3:36:53 | 0:05:09 | Independiente |
| 69 | 497 | NUÑEZ PEREZ, JOSE MARIA | | VTBM- 8 | 3:37:31 | 0:05:10 | Independiente |
| 70 | 490 | FEIJÓO GRANDE, JOSÉ ÁNGEL | | VTBM- 9 | 3:37:50 | 0:05:10 | Independiente |
| 71 | 462 | SAAVEDRA GAYOSO, BENIGNO | | VTAM- 29 | 3:38:01 | 0:05:11 | VAL DA RABEDA |
| 72 | 435 | POLO BERTOS, JOSE MARIA | | VTBM- 10 | 3:38:11 | 0:05:11 | Independiente |
| 73 | 454 | RODRÍGUEZ CARRACEDO, SANTIAGO | | SNM- 33 | 3:38:39 | 0:05:11 | Independiente |
| 74 | 492 | SOTELO QUINTELA, FELIX | | VTBM- 11 | 3:38:50 | 0:05:12 | Independiente |

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| Pto | Dorsal | Nombre | Sx | PtoCat | T_Final | RitmoKm | Club |
|-----|--------|-------------------------------------|------|----------|---------|---------|------------------------|
| 75 | 474 | TEIJEIRO PENA, PEDRO | | VTAM- 30 | 3:38:51 | 0:05:12 | ATLETISMO MONTE SEGADE |
| 76 | 433 | PEREZ RODRIGUEZ, JOSE MANUEL | | VTBM- 12 | 3:39:20 | 0:05:12 | Independiente |
| 77 | 469 | SUAREZ FEIJOO, JUAN MANUEL | | VTAM- 31 | 3:39:20 | 0:05:12 | Independiente |
| 78 | 368 | GOMEZ CRESPO, MANUEL | | VTAM- 32 | 3:39:31 | 0:05:13 | INDEPENDIENTE |
| 79 | 308 | BARCIA LOIRA, MANUEL | | SNM- 34 | 3:39:44 | 0:05:13 | Independiente |
| 80 | 347 | FEIJOO CANTARILLA, ROBERTO | | SNM- 35 | 3:40:41 | 0:05:14 | A. D. LIMIACTIVA |
| 81 | 369 | GOMEZ FIDALGO, JOSE ANTONIO | | VTAM- 33 | 3:41:22 | 0:05:15 | Independiente |
| 82 | 489 | VILLAR ALVAREZ, ENRIQUE | | VTBM- 13 | 3:42:50 | 0:05:17 | Independiente |
| 83 | 328 | CTVRTNICKOVA, TEREZA | F- 2 | SNF- 2 | 3:42:56 | 0:05:17 | RIA FERROL |
| 84 | 341 | DOSIL CASTIÑEIRAS, IGNACIO ROGELIO | | VTAM- 34 | 3:42:59 | 0:05:18 | Independiente |
| 85 | 442 | RAVIÑA FURELOS, JUAN CARLOS | | SNM- 36 | 3:46:15 | 0:05:22 | Independiente |
| 86 | 449 | RIVAS POSSE, JAIME | | VTAM- 35 | 3:47:19 | 0:05:24 | Independiente |
| 87 | 460 | RODRIGUEZ, PIO | | SNM- 37 | 3:47:33 | 0:05:24 | Independiente |
| 88 | 320 | CARBALLO POSE, LUIS | | SNM- 38 | 3:48:48 | 0:05:26 | VIA XVIII MACEDA |
| 89 | 468 | SIMÓN RUIDO, PABLO | | SNM- 39 | 3:48:58 | 0:05:26 | Independiente |
| 90 | 408 | MARTINEZ CACHAFEIRO, JAVIER | | VTBM- 14 | 3:49:05 | 0:05:26 | Independiente |
| 91 | 318 | CAMBA FERREIRA, JOSE ANGEL | | SNM- 40 | 3:49:14 | 0:05:26 | Independiente |
| 92 | 307 | ATXAERANDIO MARTINEZ, OSCAR | | VTAM- 36 | 3:49:15 | 0:05:26 | Independiente |
| 93 | 319 | CAMPOS COSTA, RAMON | | VTAM- 37 | 3:49:58 | 0:05:27 | Independiente |
| 94 | 331 | DELGADO COELLO, ADRIAN | | SNM- 41 | 3:50:50 | 0:05:29 | Independiente |
| 95 | 496 | VARELA AGREGAN, LUIS | | VTAM- 38 | 3:52:28 | 0:05:31 | Independiente |
| 96 | 351 | FERNÁNDEZ PÉREZ, JOSÉ ANTONIO | | VTBM- 15 | 3:52:55 | 0:05:32 | Independiente |
| 97 | 388 | JEREZ RUEDA, JULIAN | | SNM- 42 | 3:54:28 | 0:05:34 | Independiente |
| 98 | 344 | ESTEVEZ JIMENEZ, JESUS | | SNM- 43 | 3:55:04 | 0:05:35 | Independiente |
| 99 | 303 | ALVAREZ CARRIL, DAVID | | SNM- 44 | 3:55:06 | 0:05:35 | Independiente |
| 100 | 400 | LOPEZ RIO, ELISEO | | VTBM- 16 | 3:55:29 | 0:05:35 | EGOVARROS VIVEIRO |
| 101 | 335 | DIEGUEZ ANDRE, JOSE LUIS | | VTAM- 39 | 3:55:57 | 0:05:36 | Independiente |
| 102 | 398 | LÓPEZ LÓPEZ, ELISEO | | VTAM- 40 | 3:56:09 | 0:05:36 | Independiente |
| 103 | 360 | GARCIA DELGADO, MANUEL | | SNM- 45 | 3:56:51 | 0:05:37 | Independiente |
| 104 | 330 | DEL RIO BALADO , JOSE DAVID | | VTAM- 41 | 3:57:26 | 0:05:38 | Independiente |
| 105 | 455 | RODRIGUEZ GARCIA, ISMAEL | | VTBM- 17 | 3:58:04 | 0:05:39 | Independiente |
| 106 | 439 | PUMAR BÓVEDA, ÁNGEL | | VTAM- 42 | 3:59:11 | 0:05:41 | INDEPENDIENTE |
| 107 | 407 | MARTINEZ AZKONA, JUAN ANTONIO | | VTAM- 43 | 4:00:21 | 0:05:42 | Independiente |
| 108 | 317 | CALVIÑO GOLÁN, ELADIO | | VTBM- 18 | 4:00:34 | 0:05:43 | Independiente |
| 109 | 409 | MARTINEZ VILA, JOSE BENIGNO | | VTBM- 19 | 4:01:34 | 0:05:44 | Independiente |
| 110 | 332 | DIAZ ARAUJO, JOSE JAVIER | | VTAM- 44 | 4:03:52 | 0:05:47 | Independiente |
| 111 | 382 | GUERRA ALVAREZ, FERNANDO J. | | VTAM- 45 | 4:04:09 | 0:05:48 | Independiente |
| 112 | 459 | RODRIGUEZ RODRIGUEZ, ALBINO | | VTBM- 20 | 4:04:47 | 0:05:49 | ADAS PROINOR O BARCO |
| 113 | 487 | VIEITES BLANCO, RICARDO | | VTAM- 46 | 4:04:48 | 0:05:49 | ADAS PROINOR O BARCO |
| 114 | 491 | VAZQUEZ COLINO, WALTER | | SNM- 46 | 4:08:02 | 0:05:53 | Independiente |
| 115 | 421 | NEVADO REY, SANTIAGO | | VTBM- 21 | 4:08:03 | 0:05:53 | Independiente |
| 116 | 386 | IGLESIAS RODRIGUEZ, JOSE MANUEL | | VTBM- 22 | 4:08:04 | 0:05:53 | Independiente |
| 117 | 416 | MENOR FERNANDEZ, FELIX JOSE | | VTAM- 47 | 4:09:57 | 0:05:56 | Independiente |
| 118 | 444 | REGUERA PÉREZ, MANUEL AGUSTÍN | | VTAM- 48 | 4:10:52 | 0:05:57 | Independiente |
| 119 | 440 | QUIROGA ÁLVAREZ, GERMÁN | | SNM- 47 | 4:12:19 | 0:05:59 | Independiente |
| 120 | 431 | PEREZ FERNANDEZ, JOSE ANTONIO | | VTBM- 23 | 4:13:10 | 0:06:00 | Independiente |
| 121 | 466 | SERRANO CANTALEJO, FRANCISCO | | SNM- 48 | 4:15:29 | 0:06:04 | C.A.R MARISQUEIRO |
| 122 | 387 | IGLESIAS VILA, JOSE LUIS | | VTBM- 24 | 4:16:14 | 0:06:05 | Independiente |
| 123 | 364 | GARCIA MARTIÑA, ELADIO | | VTAM- 49 | 4:19:13 | 0:06:09 | Independiente |
| 124 | 494 | VAZQUEZ ALVAREZ, JOSE MANUEL | | VTBM- 25 | 4:19:25 | 0:06:09 | Independiente |
| 125 | 415 | MENENDEZ VILLALVA, CARLOS | | VTAM- 50 | 4:19:25 | 0:06:09 | Independiente |
| 126 | 343 | ESTEVEZ JANEIRO, JUAN ANTONIO | | VTBM- 26 | 4:19:28 | 0:06:09 | Independiente |
| 127 | 447 | REY SOTO , JESUS | | SNM- 49 | 4:20:10 | 0:06:10 | Independiente |
| 128 | 359 | GAGO DORNA, JOSE CARLOS | | SNM- 50 | 4:25:41 | 0:06:18 | Independiente |
| 129 | 316 | BOULLOSA CARRERA, MARCOS | | SNM- 51 | 4:31:31 | 0:06:27 | Independiente |
| 130 | 428 | PANTOJA CAMACHO, ANTONIO JESUS | | SNM- 52 | 4:33:42 | 0:06:30 | Independiente |
| 131 | 418 | MORENZA PÉREZ, IAGO | | JNM- 1 | 4:34:35 | 0:06:31 | Independiente |
| 132 | 365 | GARCIA NOGUEIRA, PABLO | | SNM- 53 | 4:38:12 | 0:06:36 | Independiente |
| 133 | 325 | CORDERO TORRES, ALEJANDRO | | SNM- 54 | 4:42:15 | 0:06:42 | INDEPENDIENTE |
| 134 | 473 | TAIN GUZMAN, FLORENTINO | | VTAM- 51 | 4:42:52 | 0:06:43 | Independiente |
| 135 | 313 | BORRAJO GONZALEZ, RODRIGO | | SNM- 55 | 4:44:31 | 0:06:45 | Independiente |
| 136 | 445 | REQUEJO PRIETO, ADRIAN | | SNM- 56 | 4:45:06 | 0:06:46 | Independiente |
| 137 | 446 | REVUELTA MÉNDEZ, CARLOS | | VTAM- 52 | 4:48:55 | 0:06:51 | ADAS PROINOR O BARCO |
| 138 | 429 | PERALA CASARES, JOSÉ MANUEL | | VTAM- 53 | 4:52:15 | 0:06:56 | Independiente |
| 139 | 495 | GONZALEZ GOMEZ, LOURDES | F- 3 | SNF- 3 | 4:57:14 | 0:07:03 | Independiente |
| 140 | 401 | LOPEZ RODRIGUEZ, MIGUEL ANGEL | | SNM- 57 | 5:14:25 | 0:07:28 | Independiente |
| 141 | 354 | FERNANDEZ RODRIGUEZ, EDUARDO MANUEL | | SNM- 58 | 5:35:18 | 0:07:57 | INDEPENDIENTE |

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